# **KINESIOLOGY**

# **COMMUNICATOR**

## The Chair's Corner

## Update on the election and beyond...

As 2012 winds down, let's not forget that it was 150 years ago, in December of 1862, that the founder of our department, Mlle Adele Parot, came west from Boston to start what became our Kinesiology Department. In time, this department also "gave birth" to the Department of Recreation, the Department of Intercollegiate Athletics, and the Dance Department. We were the first institution of higher education in the west to teach physical activity. We morphed into having a Men's and Women's Department of Physical Education, which in turn led to the building of what are now the YUH and SPX buildings. And in turn, that is why they are in such need of renovation, having been built as separate departments in a very different time. While physical activity remains important and underpins so much of what we do, the original buildings were not built with the research, labs, and seminar rooms that we now need so badly.

Renovation of YUH is planned to in December and the building will be closed for both spring and fall 2013. Full time faculty housed in YUH will move to SSC as will most part timers, although a few will move to SPX 301 for one year. (See p. 2 for full list of new offices. Phone numbers and emails for full time faculty remain the same.) Then in spring and fall 2014, YUH should re-open with new labs, research and classroom space, and SPX will close for the whole of 2014 for its own renovation.

The funding for these extensive renovations comes from a bond measure from the state that was specifically passed for construction. Thus, no funds are being diverted that could have been used for instruction...which brings us to the passage of Proposition 30.

The fact that Prop. 30 passed means the following:

- we will not have to implement the deep cuts in class offerings in the spring that we would have had to if it failed but there will probably still need to be some cuts because SJSU has been living beyond its budget
- student fees will be rolled back in spring to what they were in 2011
- students will receive a small refund in some form

If you voted for this proposition, or helped others to understand its importance, thank you! It should, in time, mean the stabilization of funding to higher education in California. After 150 years, maybe this is the chance to renew the department in so many ways and build for those who come after us, as others did before, for us.

Meanwhile Happy Thanksgiving and I hope your finals go well.

Shirley H. M. Reekie, Chair

# **Faculty News**

**Dr. Bethany Shifflett** participated in a panel discussion regarding the retention, tenure, and promotion process at the Western Society of Kinesiology and Wellness conference in October.

In April, **Dr. Jessica Chin** delivered the keynote address for the University of Maryland's 2012 Physical Cultural Studies Graduate Student Conference. Her talk was titled, "Physical Cultural Advocacy: Thriving as Critical Kinesiology Scholars in the New Economy of Public Health". At the conference, she also served as a roundtable discussant for the topic, "Creating a body of critical scholars within the corporate university", where she shared her opinion and suggestions for continuing to foster critical scholarship in the face of shifting university priorities.

**Dr. Chin** was awarded an SJSU Junior Faculty Development Grant (2011-2012) and is the winner of the 2012 Western Society for Physical Education of College Women Professional Development Award. Both of these awards were given in support of her research on hazing among collegiate female athletes.

**Drs. Andrews, Butryn, Chin, Masucci**, and **Semerjian** presented at the recent North American Society for Sport Sociology conference in New Orleans, LA.

**Dr. Nancy Megginson** received an award from the United States Olympic Committee for \$24,850 to fund the project, entitled "Paralympics Program at the Timpany Center" from October 1st, 2012 to September 30th, 2013.

#### Student News

Erin Enguero, Pre-PT Club Co-Treasurer and active student of the Kinesiology Department, was recently chosen to represent San José State for the CSU William Randolph Hearst Trustee Award Scholarship and was also named Trustee William Hauck Scholar. See the official CSU website:

http://www.calstate.edu/foundation/hearst/ awardees/2012/sj-enguero.shtml

She attended the awards ceremony Tuesday September 18th. Congratulations!!



Congratulations to KIN graduate students Dominique Hunter and Matt Bejar, and their mentors, Drs. Jessica Chin and Ted Butryn. Dominique and Matt were each awarded an SJSU 2012-2013 Graduate Equity Fellowship; they were two of 35 recipients selected from a competitive university-wide pool of just over 90 applicants.

#### Looking for Faculty?

Effective December 12th, the following will have a new office space in the Student Success Center:

Stan Butler SSC 514

Ted Butryn SSC 512

Gong Chen SSC 517

James Kao SSC 513

Matt Masucci SSC 515

#### Winter Schedule 2013\*

Kin 14A Beg. Volleyball	M-F	1000-1200
Kin 27A Beg. Table Tennis	M-F	1400-1600
Kin 35A Beg. Weight Training	M-F	0800-1000
Kin 46A Beg. Social Dance	M-F	0800-1000
Kin 55A Beg. Self Defense	M-F	1200-1400
Kin 61A Beg. Hatha Yoga	M-F	1000-1200
Kin 69 Stress Management	M-F	0900-1210
Kin 100W Writing Workshop	See below	
Kin 101 Sport in America	M-F	1230-1540
Kin 155 Exercise Physiology	M-F	1100-1320
Sec. 2 Lab	M-F	0830-1050
Sec. 3 Lab	M-F	1330-1550
Kin 169 Div. Stress & Health	M-F	0900-1210
Kin 175 Measure. & Eval.	M-F	1100-1320
Sec. 2 Lab	M-F	0830-1050
Sec. 3 Lab	M-F	1330-1550
Kin 186 Pharmacology	Online	
Kin 188 Prev. Care Ath. Inj.	M-F	0830-1050
Kin 189 Prev. Care Ath. Inj. Lab	M-F	1100-1320

<sup>\*</sup>all classes are tentative and subject to meeting enrollment targets

#### Need KIN 100W but can never get the class?

KIN is offering an additional section of 100W this winter/spring (Special Session) on Fridays and Saturdays (yes, Saturdays) for 6 weeks, from 8:30 AM to noon, for 12 meetings, starting on Jan 4 and ending on Feb 16.

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#### Announcements/ Club News

Carol Sullivan will once again hold the annual Aerobicthon event. For details see p. 5.

**SPATO** will be sponsoring a tree at "Christmas in the Park." Look for the tree with lots of blue and gold!

The **2012 Disability Sport Expo** was a big success!! The DSE is an annual event hosted by the KIN 159 class, supported by the Adapted Physical Activity Club, and promotes adapted physical activities. The event highlighted the benefits of physical activity for all individuals and also helped spread awareness regarding the lack of available programs and resources. The DSE offered students an opportunity to participate in a variety of adapted sports, including wheelchair football, power soccer, and adapted volleyball. Shira Leeder, Miss Wheelchair California 2012, gave a very inspirational speech and even played power soccer with us! Thank you to all who attended and helped out with the event, and if you missed it this year, make sure to attend next Fall!!







The clubs of Kinesiology held the Kinesiolloween/Faculty and Staff Appreciation event on October 31st, and it was a great success! The event provided an opportunity for the students to thank the faculty and staff for all their work, and also acted as a fund raiser for the clubs. Students prepared a BBQ, bake sale, games, and activities, and were able to mingle with faculty (some of whom were guite unrecognizable!!). Overall everyone had a lot of fun and some amazing memories were made. We hope to make this event a tradition and anticipate it will be even better next year!











## **Department of Kinesiology Contacts**

#### **Department Chair**

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Dr. Alison White - Alison.White@sjsu.edu

#### **Graduate Athletic Training Program Director**

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#### **Interim Undergraduate Athletic Training Program Director**

Ms. Holly Brown - Holly.Brown@sjsu.edu

#### **Club Advisors**

#### **Kin Ambassadors Club**

Jessica Chin- Jessica.Chin@sjsu.edu

#### **Adapted Physical Activity Club**

Dr. Nancy Megginson - Nancy.Megginson@sjsu.edu

#### **Spartan Athletic Training Organization (SPATO)**

Holly Brown - Holly.Brown@sjsu.edu

#### **Pre-Physical Therapy Club**

Rachel Vimont - Rachel.Vimont@sjsu.edu

#### **Sport Management Club**

Dr. Sonja Lilienthal - Sonja.Lilienthal@sjsu.edu

#### **Academic Unit:**

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#### **Alumni News**

Congrats to **Anthony Reyes** (BS, '04), one of our undergraduate ATEP alums. He is the asst. ATC for the SF Giants (World Series Champions).

Ramin Naderi (MA, '02) writes that the National Indian Health Board Chair accepted Regional Impact award for him. It is for all the Wellness Center Programs for the AI/AN community in Santa Clara County. Below is a link to his presentation at the APHA: <a href="https://apha.confex.com/apha/140am/webprogram/Paper261476.html">https://apha.confex.com/apha/140am/webprogram/Paper261476.html</a>

**Jason Whitcomb** (BS, '11) has accepted permanent employment with the National Football League following completion of a very competitive internship there. Congratulations, Jason!

David Doak (BS, '64) gave a historic piece of equipment from San Jose State College that he had used in his 37 years at Lincoln High School, a Heartometer. David recalled his professors: Bosco, Gustafson, McPherson with great fondness and talked of one of his classmates, Dan Landers in a visit back to see the Men's Gymnasium that "hasn't changed much since the early 1960s"! Yes, we are anxious for that renovation to begin!!

Hilary Barnes (BS, '10) writes: "Just wanted to write and let you know that SJSU did a great job of preparing me for PT school. I am 1/3 of the way done with my second year and having a great experience. I am especially grateful for **Dr. Kao's** biomech class and all of **Dr. Han's** and **Holly Brown's** great AT courses. Many of the classes at SJSU were either great preparation or right on par with what I am taking in PT school." She's also just bought a kayak, following taking the class here!

#### **Upcoming Dates:**

November 21, 2012- All classes after 5pm will not meet

November 22-23, 2012- Holiday, Campus Closed

December 10, 2012- Last Day of Instruction

December 11, 2012- Dead Day

December 12-18, 2012- Final Exams

December 19, 2012- Make-Up Exams

December 22, 2012- Winter Recess Begins





Sponsored by: Aerobics section of the Department of Kinesiology. San Jose State University

# FRIDAY, NOVEMBER 30, 2012 4:00 TO 6:30 PM Bring your club,

**SPX-C 44 (GYM)** 

SAN JOSE STATE UNIVERSITY

San Carlos Street between 4th and 7th Streets

sorority,

fraternity..!!!

Aerobics for Your Heart! Aerobics for Your Stress! Aerobics for Fun!!



"Tell a friend, bring a friend, "

**Fabulous Aerobics** Instructors

Hi/Lo Aerobics

**Cardio Hip Hop** 

**Kickboxing** 

Zumba

**Bollywood Aerobics** 

Admission: \$5.00 per person

(Fees will go towards purchase of aerobic equipment)

How do you spell 'STRESS RELIEF' ??? aerobicthon

For more information see or contact CAROL SULLIVAN, 924-3022 or carol.sullivan@sjsu.edu