

# THE DEPARTMENT OF KINESIOLOGY COMMUNICATOR

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Department of Kinesiology, San José State University - KIN Student Major Newsletter

April 2010

## *The Chair's Corner*

At the start of this year, many of us were concerned that, with all the budget problems, this would be a difficult year. In contrast, it turned out to be a fantastic year for the Kinesiology Department! Here are some reasons why.

Several of our faculty will be receiving awards at the CASA Dean's Awards Reception:

**Dr. Ted Butryn** has been named Outstanding Scholar for 2009-2010



**Dr. Peggy Plato** will be recognized for Outstanding Service for 2009-2010



**Ariko Iso** will be recognized as the 2009-2010 Distinguished Alumna (see below)



**Dr. Nancy Megginson** will receive a special award for Outstanding Community Service, on behalf of the Timpany Center



**Dr. Emily Wughalter** and the undergraduate committee team will receive an award for their outstanding assessment plan



Undergraduate student **Shanice Howard** will receive the Dean's Undergraduate Scholarship



Congratulations to all KINs!

The Dean will present the Distinguished Alumna Award to **Ariko Iso** (MA, '95). Ariko became the first female athletic trainer in the NFL when she was appointed to the Pittsburgh Steelers in 2002. Ariko will be on campus to receive her award on May 3 and will talk with the athletic training students that afternoon.

I hope that whether you are graduating or not, you understand that this is a pretty special department! To all those who are graduating in spring, or summer, congratulations from all of us! We hope to see you at the banquet the night before graduation (see p. 3 for details). After you graduate do please keep in touch with us and let us know what you are achieving.

On a sad note, owing to budget cuts, we will be saying goodbye to **Cynthia Chavira** whose office is in the women's locker room, and to **Catherine Chavez**, in the front office. Catherine will be graduating with her Nursing degree this spring and will be reassigned to another office on campus. Please join me in thanking both Cynthia and Catherine for all that they have done to make Kinesiology a better place. We will miss you.

All the best for the summer, wherever life takes you.

*Shirley H. M. Reekie, Chair*

## Faculty News

**Dr. Mo Han** recently heard the excellent news that the Undergraduate Athletic Training Education Program has been accredited for 5 years, with a likely extension to 10 years, when the university can show proof of the separate degree in AT having become a reality. Thank you to Mo and to **Holly Brown** for all their work to achieve this recognition.

In December 2009, **Dr. Alison White** was calibrated to be a Performance Assessment for California Teachers (PACT) Scorer and in March 2010 she completed training for scoring PACT submissions via Waypoint, electronic assessment database.

**Karin Jeffery** has been asked to make a presentation on stress management to the San José State University Registrar's department in May.

**Dr. Emily Wughalter** has just begun a 3 year appointment as the Research Consortium representative to the AAHPERD Board of Governors.

### Upcoming Important Dates

**May 6, 2010** Faculty Furlough Day - No classes held. Dept office open.

**May 7, 2010** Furlough Day - Dept offices closed

**May 17, 2010** Last day of Instruction

**May 19-25, 2010** Final Exams

**May 28, 2010** KIN Graduation Ceremony

**May 29, 2010** SJSU Commencement

**May 31, 2010** Memorial Day - Campus closed

## EVENTS

### 5K

The newly-formed Spartan Athletic Training Organization recently put on a 5K here on campus. Here's their report:

On Saturday, April 10th, the Spartan Athletic Training Organization (SPATO) hosted the 1st Annual Spartan 5K Walk/Run on the San José State University campus. The course looped through our beautiful campus and SPATO members had the opportunity to share their knowledge of Athletic Training with community members. The event brought more than 170 participants and 40 volunteers together to support health and wellness in our local community. This fundraising event generated nearly \$3000 in profit for SPATO. The funds raised will go towards the professional development of members with a possible end of the year donation to charity. The event was sponsored by Team Clinic, Sports Basement, Athletic Performance, 3Fit, Trader Joes, and Costco.



Special thanks go to **Lisa Trudel-Morano** in her tireless effort to make the Spartan 5K a success. Furthermore, the efforts of all SPATO members contributed to the success of this event; without their dedication, the event would not have been the success it was! Great Job!! Additional thanks go to SJSU Kinesiology faculty members, **Dr. Jessica Chin** and **Dr. Jay Johnson**, for their contributions towards setting up the event and participating in it as well. Lastly, thank you to the Triathlon Club and Pre-PT Club for participating in the Spartan 5k as well.

SPATO (submitted by **Steven M. Williams**)

### Spartapalooza

Thanks to **Dr. Jay Johnson** and **Junko Linafelter**, Kinesiology had a booth at the recent Spartapalooza on campus. Thanks to them and the Japanese Nursing exchange students.



### Graduate Athletic Training Site Visit

**Al Douex** is hard at work arranging for this event, on May 3, 4, and 5. Good luck!

**The Ballroom Dance Club** at SJSU is celebrating its 15th anniversary this spring. **Dr. Bethany Shifflett** (faculty advisor), on behalf of the club, invites everyone to the last session of the semester, Friday May 7th 7:30-9:30pm in SPX 89. Come brush up or learn Waltz at 7:30 and/or Cha Cha at 8:30. For more information check the club's website at <http://studentorgs.sjsu.edu/sjsubdc/>

# KIN Graduation Banquet



**Celebrate with family and friends at the  
2010 Department of Kinesiology  
Graduation Banquet!**

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- When:** May 28, 2010
- Time:** Cocktails (cash bar) begin  
at 5:00PM with dinner  
served at 6:15PM
- Where:** The Decathlon Club  
3250 Central Expressway  
Santa Clara, CA 95051
- Who:** Winter 2009 & Spring/ Summer 2010  
Grad and Undergrad KIN graduates
- Attire:** Cap & Gown for ceremony  
(Required)
- Tickets:** \$37.00 (Ticket Limit: 6) **Cash Only**  
*Add'l tickets MAY become available*  
*First-come, first-served*

To reserve seats: Contact  
Catherine Chavez in SPX 56,  
the main KIN office (408) 924-3010;  
[cchavez@kin.sjsu.edu](mailto:cchavez@kin.sjsu.edu)



## Department of Kinesiology Contacts

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### Club Advisors

### Spartan Athletic Training Organization

Holly Brown - hbrown@kin.sjsu.edu

### Phi Epsilon Kappa & KIN Majors' Club

Dr. Matt Masucci - mmasucci@kin.sjsu.edu

### Pre P-T Club

Rachel Vimont - rvimont@email.sjsu.edu

### Sports Medicine Club

Dr. KyungMo Han - han@kin.sjsu.edu

### Adapted Physical Activity Club

Dr. Nancy Megginson - nmegginson@kin.sjsu.edu

## PEK (Phi Epsilon Kappa)

- √ Gets you involved in your department
- √ Make some new friends
- √ Looks great on your resume
- √ Participate in worthwhile activities for KIN

Contact Dr. Matt Masucci  
mmasucci@kin.sjsu.edu

**Consider Joining!**

## Tentative Summer 2010 Schedule

### 1st 5 Week Session

June 7 - July 8, 2010

<u>Course</u>	<u>Days</u>	<u>Time</u>	<u>Instructor</u>
<b>KIN 15A</b> Beginning Basketball	TR	0900 - 1150	Butler
<b>KIN 27A</b> Beginning Table Tennis	MW	1330 - 1630	Chen
<b>KIN 34</b> Step Training	TR	0830 - 1120	Sullivan
<b>KIN 35A</b> Beginning Weight Training	MW	0830 - 1130	Montgomery
<b>KIN 35B</b> Intermediate Weight Training	MW	0830 - 1130	Montgomery
<b>KIN 101</b> Sport in America	TR	0900 - 1300	Murphy
<b>KIN 163</b> Physical Fitness and Nutrition	MW	0800 - 1230	Cisar
<b>KIN 169</b> Diversity, Stress, & Health	MW	0900 - 1325	Murphy
<b>KIN 174</b> Assessment of Psychomotor Function	TR	0900 - 1320	Megginson
<b>KIN 175</b> Measurement & Evaluation	MW	0900 - 1320	Wughalter

### 2nd 5 Week Session

July 12 - August 12, 2010

<u>Course</u>	<u>Days</u>	<u>Time</u>	<u>Instructor</u>
<b>KIN 2A</b> Beginning Swimming	MW	0830 - 1120	Lilienthal
<b>KIN 2B</b> Intermediate Swimming	MW	0830 - 1120	Lilienthal
<b>KIN 14A</b> Beginning Volleyball	MW	1330 - 1620	May
<b>KIN 54A</b> Beginning Tae Kwon Do	TR	1330 - 1620	Schachner
<b>KIN 61A</b> Beginning Hatha Yoga	TR	0830 - 1120	Caughlan
<b>KIN 165</b> Motor Development	MW	0900 - 1320	Payne

**Note:** Classes must meet minimum enrollment requirements or are subject to cancellation. These courses are tentative and are subject to class time changes or cancellation.